




Working Together for Healthier Kids

Color the  each time you brush.

Use a pea-size dab of fluoride toothpaste.

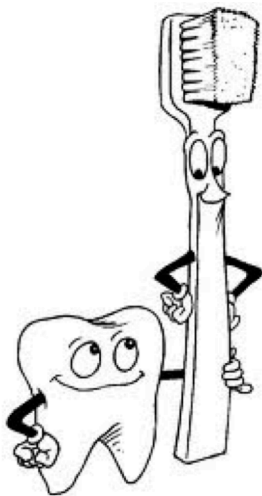
Brush in little circles.

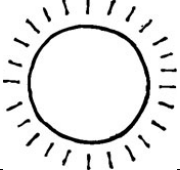

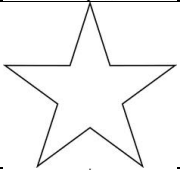
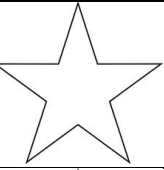
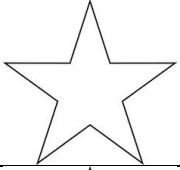
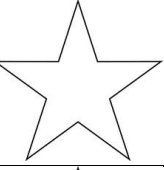
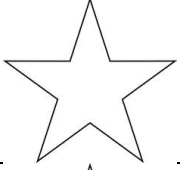
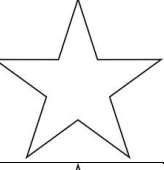
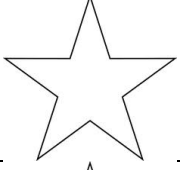
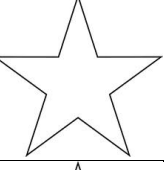
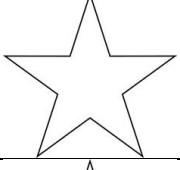
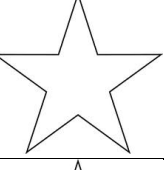
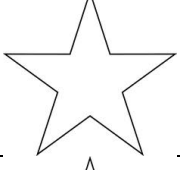
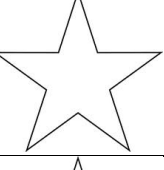
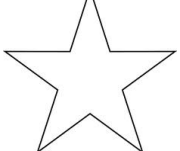
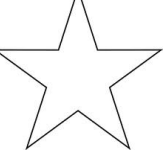
Brush for 2 minutes.

Don't forget to brush your tongue!

When you're done, spit out all the toothpaste.

Don't rinse with water when you finish.



		
Sunday		
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		

Learn more at www.ChildrensDentalNetwork.org